

# **TAYWADE COLLEGE**

MAHADULA, KORADI, DIST. NAGPUR

BEST PRACTICES
2017-18

### **Best Practices - 1**

Title: Exercise of Brain and Mental Ability

#### Goal:

- · To make students mentally strong.
- To understand the power of brain.
- To enhance analytical skill.

#### Context:

Majority of our students are rural background. Students are not aware of their mental ability. It is necessary to use brain ability for optimum performance. Mental toughness is important for raising ourself in today's competitive world. Performance of brain can be increased by simple brain exercise. Such exercises help us to understand our own mental ability. The program on exercise of brain to keep mind sound and memory strong was organized in association with Spandom Career Institute, Nagpur. on 31/08/2017.

#### Practice:

Spandom Career Institute, Nagpur conducted this program. Mr. Jayant Gedam, Chief Trainer, Mr. Pavan Yadav, Assistant Trainer conducted successful trainings on mind memory. They carried out various experiments involving students. Students were learnt how our brain follow orders and reflect with action. The students were involved in discussion with the guest by two way communication. The trainer demonstrated how our brain work and stimulate to the surrounding environment. At last hey gave a success mantra to the students, "I can, I will, I must".

#### Evidence of Success:

Program has made goal impact on the students.

- Students learnt the power of their brain.
- Students could become mentally tough.
- Mental exercises which they performed would help them to enhance their mental ability.
- The students can now perform more effectively in their career.

## Problems encountered and Recourse required.

Self involvement of students was not encouraging otherwise impact of program was good on the students. The program was conducted in audio visual hall. Only human recourses was involved in the program.

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#### Best Practice - 2

Title: Communicative English Speaking Training Program

#### Goal:

- To increase vocabulary
- · To learn speaking in English.
- · To use English as medium for communication.
- To make student competitive for facing interview.

#### Context:

English is now become a language of world. English is now indispensible for the career growth. In most part of the world English is used as a language for communication. Our college is situated in rural part of Nagpur. All the students prefer their mother tongue as a language for communication. Students face major problem in understanding and speaking in English. Hence they loose their confidence when it comes to English speaking. This situation has great impact when they appear for job interview. Thus they could not grab many job opportunities even though they are good enough in subject knowledge. Keeping in new of this foresight, communicative English speaking training program was organized.

#### The Practice:

The trainer and faculty from Titans Learning Group. Bairamji Town. Nagpur conducted this workshop. Mr. Sameer Sir, Senior Faculty and Trainer, Nita Tiwari, Senior Executive Manger and Toushib Sheikh, Executive of Titan Learning Group participated in the activity. Students participation was more during the workshop. Students were guided through some modules to increase vocabulary. Through prticipative learning students were learned how to use English in communication.

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#### Evidence of Success:

The impact of this workshop was observed as follow -

- · Students got motivated to learn English.
- Students learned about English grammar, types of sentences, types of tenses and uses of parts of speech.
- Brought down English fear.
- Developed confidence that yes I can do it.
- Increased confidence of writing in English.

## Problems encountered and resources required:

Due to non English background of students, many students were reluctant to participate. Participatory involvement in group activity was less during the workshop otherwise impact of program was good on the students. Only human resources were required for the workshop.

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